Österreichischer Schwimmverband

Top 10 Bestenliste

Saison 2009/2010 - 50m Bahn - AK 35 (35-39 Jahre) - weiblich

50m Freistil

1	Messner, Monika	73	HALL	0:31,00	476	7/10
2	Steilner, Petra	74	UTRAU	0:33,72	370	8/10
3	Marka, Stefanie	72	SWAC	0:34,10	358	8/10
4	Unterdorfer, Christi	73	SUM	0:35,80	309	7/10
5	Rieger, Sonja	71	WÖRGL	0:38,55	248	7/10
6	Larndorfer, Michaela	73	UTRAU	0:40,67	211	7/10
7	Grubhofer, Susanne	74	GCGTT	0:45,14	154	7/10

100m Freistil

1	Messner, Monika	73	HALL	1:11,82	412	7/10
2	Marka, Stefanie	72	SWAC	1:12,66	398	5/10
3	Unterdorfer, Christi	73	SUM	1:32,60	192	7/10
4	Larndorfer, Michaela	73	UTRAU	1:39,92	153	7/10
5	Grubhofer, Susanne	74	GCGTT	1:50,59	113	7/10

200m Freistil

1	Messner, Monika	73	HALL	2:26,27	495	7/10
2	Marka, Stefanie	72	SWAC	2:34,25	422	8/10
3	Unterdorfer, Christi	73	SUM	3:12,51	217	7/10
4	Larndorfer, Michaela	73	UTRAU	3:36,32	153	7/10
5	Grubhofer, Susanne	74	GCGTT	3:58,12	115	7/10

400m Freistil

1	Messner, Monika	73	HALL	5:17,55	449	7/10
2	Marka, Stefanie	72	SWAC	5:25,16	418	5/10
3	Unterdorfer, Christi	73	SUM	6:33,53	236	7/10
4	Larndorfer, Michaela	73	UTRAU	7:31,46	156	7/10

800m Freistil

1	Messner, Monika	73	HALL	10:39,03	476	7/10
2	Marka, Stefanie	72	SWAC	11:17,24	400	8/10
3	Unterdorfer, Christi	73	SUM	13:06,87	255	7/10
4	Larndorfer, Michaela	73	UTRAU	15:22,40	158	7/10

1500m Freistil

50m Brust

1	Steilner, Petra	74	UTRAU	0:42,85	366	8/10
2	Margreiter, Verena	74	MERM	0:44,66	324	8/10
3	Larndorfer, Michaela	73	UTRAU	0:54,19	181	7/10

100m Brust

1	Margreiter, Verena	74	MERM	1:40,86	285	8/10

200m Brust

1	Margreiter, Verena	74	MERM	3:32,17	304	8/10

50m Rücken

1	Messner, Monika	73	HALL	0:36,23	462	8/10
2	Marka, Stefanie	72	SWAC	0:41,82	300	7/10

100m Rücken

1	Messner, Monika	73	HALL	1:16,71	459	8/10
2	Marka, Stefanie	72	SWAC	1:22,32	372	8/10

200m Rücken

1	Messner, Monika	73	HALL	2:48,09	431	8/10
2	Marka, Stefanie	72	SWAC	2:54,96	382	8/10

50m Schmetterling

1	Messner, Monika	73	HALL	0:34,77	411	8/10

100m Schmetterling

1	Messner, Monika	73	HALL	1:17,49	402	8/10

200m Schmetterling

200m Lagen

1	Messner, Monika	73	HALL	2:43,90	499	8/10

400m Lagen

1	Messner, Monika	73	HALL	5:49,68	476	8/10

Österreichischer Schwimmverband

Top 10 Bestenliste

Saison 2009/2010 - 50m Bahn - AK 35 (35-39 Jahre) - männlich

50m Freistil

1	Speckbacher, Christi	73	HALL	0:26,65	524	8/10
2	Raml, Wolfgang	71	WSC	0:29,59	383	8/10
3	Hofer, Martin	72	UTRAU	0:30,05	366	7/10
4	Grünzweig, Wolf	74	HAK	0:30,54	348	7/10
5	Giner, Oliver	71	HALL	0:31,12	329	7/10
6	Nordmeyr, Götz	74	TWVI	0:31,57	315	7/10
7	Kurz, Robert	74	HALL	0:33,39	267	7/10
8	Grubhofer, Christian	73	GCGTT	0:34,54	241	7/10
9	Cech, Jürgen	72		0:36,80	199	8/10

100m Freistil

1	Speckbacher, Christi	73	HALL	0:58,29	543	8/10
2	Raml, Wolfgang	71	WSC	1:05,93	375	8/10
3	Strauch, Alfred	73	ASV	1:13,78	268	9/09
4	Hofer, Martin	72	UTRAU	1:16,73	238	7/10
5	Grubhofer, Christian	73	GCGTT	1:20,97	203	7/10
6	Giner, Oliver	71	HALL	1:23,74	183	7/10
7	Glas, Wolfgang	72	GCGTT	1:32,84	134	7/10
8	Cech, Jürgen	72		1:37,19	117	8/10

200m Freistil

1	Strauch, Alfred	73	ASV	2:38,04	294	9/09
2	Raml, Wolfgang	71	WSC	2:39,50	286	7/10
3	Hofer, Martin	72	UTRAU	2:43,82	264	7/10
4	Grubhofer, Christian	73	GCGTT	2:49,25	239	7/10
5	Giner, Oliver	71	HALL	2:57,11	209	7/10
6	Glas, Wolfgang	72	GCGTT	3:11,18	166	7/10
7	Cech, Jürgen	72		3:40,11	109	8/10

400m Freistil

1	Strauch, Alfred	73	ASV	5:31,12	304	9/09
2	Hofer, Martin	72	UTRAU	6:06,65	224	7/10
3	Giner, Oliver	71	HALL	6:08,75	220	7/10
4	Raml, Wolfgang	71	WSC	6:17,77	205	7/10
5	Grubhofer, Christian	73	GCGTT	6:18,86	203	7/10
6	Glas, Wolfgang	72	GCGTT	7:08,47	140	7/10
7	Cech, Jürgen	72		7:55,33	103	8/10

800m Freistil

1	Strauch, Alfred	73	ASV	11:27,35	311	9/09
2	Hofer, Martin	72	UTRAU	12:18,60	251	7/10
3	Giner, Oliver	71	HALL	12:26,00	243	7/10
4	Grubhofer, Christian	73	GCGTT	12:42,86	227	7/10
5	Raml, Wolfgang	71	WSC	12:45,19	225	7/10
6	Glas, Wolfgang	72	GCGTT	14:28,38	154	7/10
7	Cech, Jürgen	72		16:26,71	105	8/10

1500m Freistil

1	Cech, Jürgen	72		31:18,94	104	8/10

50m Brust

1	Giner, Oliver	71	HALL	0:38,68	356	7/10
2	Hofer, Martin	72	UTRAU	0:41,90	280	7/10

100m Brust

200m Brust

50m Rücken

1	Grünzweig, Wolf	74	HAK	0:36,88	306	7/10
2	Hofer, Martin	72	UTRAU	0:38,57	268	7/10
3	Raml, Wolfgang	71	WSC	0:41,27	219	7/10

100m Rücken

200m Rücken

50m Schmetterling

1	Speckbacher, Christi	73	HALL	0:28,51	548	8/10
2	Nordmeyr, Götz	74	TWVI	0:32,88	357	7/10
3	Hofer, Martin	72	UTRAU	0:33,54	337	7/10
4	Pehofer, Hansjörg	72	GCGTT	0:33,56	336	7/10
5	Raml, Wolfgang	71	WSC	0:33,86	327	9/09
6	Grubhofer, Christian	73	GCGTT	0:36,11	270	7/10
7	Cech, Jürgen	72		0:40,73	188	8/10
8	Glas, Wolfgang	72	GCGTT	0:41,62	176	7/10

100m Schmetterling

1	Speckbacher, Christi	73	HALL	1:05,78	467	8/10
2	Raml, Wolfgang	71	WSC	1:19,73	262	9/09

200m Schmetterling

200m Lagen

1	Raml, Wolfgang	71	WSC	2:56,17	295	9/09
2	Glas, Wolfgang	72	GCGTT	3:41,54	148	7/10

400m Lagen